

THERE CAN BE ONLY ONE

TWIN CITIES
STRONGEST

MAN & WOMAN

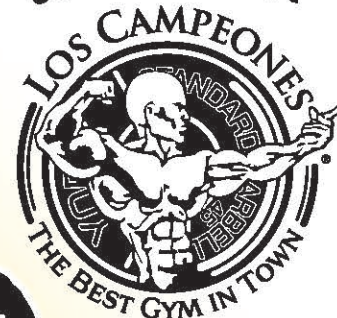
SEPT 19TH 2015

5TH ANNUAL

LOS CAMPEONES
- GYM -

CONTEST BEGINS - 12:00 P.M.
RULES FOR CONTEST - 11:45 A.M.

SPONSORED BY



MATTHEW'S PARK 2318 29TH AVE. S. • MINNEAPOLIS, MN 55406

DIVISIONS: WOMEN: Women's light weight (under 150lbs), women's heavy weight (over 150)

MEN — 5 CLASSES: Men's under 175lbs, Men's 176-210lbs, Men's 211-240lbs, Men's master's 40 years+, Men's 241lbs+

*all weight classes subject to change day of based upon number of contestants

WEIGH-INS: At Matthew's Park from 11 a.m. – 11:45 a.m. the morning of the contest will be held the day before also from 5:00 a.m. - 5:00 p.m. at Los Campeones gym, 2721 E. Franklin Ave., Minneapolis, MN 55406

EVENTS: Deadlift/Press Medley, Farmer Carry Medley, Keg Toss, Deadlift/Press Medley, Atlas Stone

AWARDS: Trophies and Cash prizes

ENTRY FEES: \$60 **ENTRY DEADLINE:** Sept 4th, 2015. Registering the day of is acceptable with \$15 late fee. If you register is late you may not get a shirt.

Contact:
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SINCE 1983



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